



# Strapit

TAPING EDUCATION



SLOVENIA

## FULL DAY TAPING EDUCATION - 3 TAPING METHODS

SPORTSTAPING • KINESIOLOGY • ACTIVETAPING

Physiotherapists, come and join world expert in taping – Sports Physiotherapist from Australia – Paul Haas – for this one day of the very best taping course in the world.

**STRAPPING TAPE** – learn new methods for ligament support and joint support that you can improve your skills for your athletes and patients

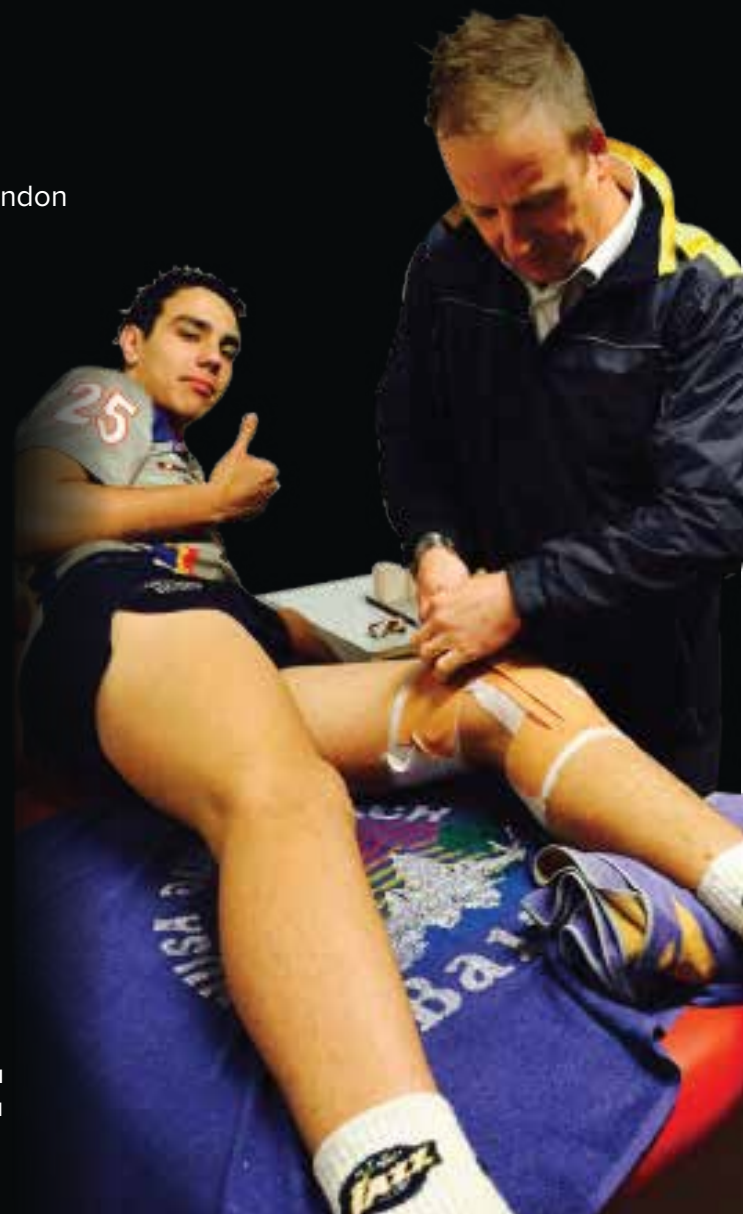
**KINESIOLOGY** – learn some new updates in Kinesiology tape with new methods and talk about the updates in research

**ACTIVETAPING** – the new mechanical taping which will change the way you tape after this course. It is simply the very best taping method for muscles and tendons and also POSTURE.

### AREAS WE WILL COVER:

1. Ankle Joint / Plantar Fascia / Achilles
2. Knee – Medial Ligament / Patella taping / Patella Tendon
3. Hip / Lower Back
4. Spine & Posture
5. Shoulder

**THIS COURSE IS SO MUCH MORE THAN JUST KINESIOLOGY TAPING.**  
Its what we call “THE PACKAGE”



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SPORTS TAPE

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